

Edinburgh to Scarborough

Day One - Tuesday

Start from Drummohr Campsite [EH21 8JS](#) (76 Mile)

Port Seton

Abelady

Dirleton

North Berwick

Tyinghame A198

West Barn A1087

Thornonloch A1

Bilsdean

Head towards Old Cambus A1107 Not going to

Coldingham- Right turn to Cairncross

In cairncross leftn on B6438 – Turn right off B6438 to cross
A1

Ayton B6355

Mordrington -Turn at Clapper A6105 (Scottish Border)

Berwickupon Tweed

Find cycle route one coastal cross river tweed – Spittal

Goswick Go passed Holy Island / Lindis Farne

Stay on cycle route one – Cross A1

Off cycle route one at Belford.

South Meadows Caravan Park End [NE70 7DP](#)

Day Two - Wednesday

Start At Whitley Bay (61 Miles)

Cycle route One all the way

Blyth

Newbiggin-by-the-sea

Lynemouth
Cresswell
Low/High Hauxley
Amble
Warkworth A1068
Alnmouth (Coastal)
Boulmer
Longhoughton Beach (Cycle Track)
Howick
Embleton - Off cycle route b1339
Swinhoe b1340 - coastal road
Beadnell
Seahouses
Bamburgh Castle
B1342 to Budle
South Meadows Caravan Park End NE70 7DP

Day Three - Thursday

Start at Souter Lighthouse, Coast Rd, Sunderland [SR6](#)

[7NH](#) A183 (29 Mile)

Seaburn

Sunderland – Mowbray Park

Wearside – Grangetown (Nr Train track)

A2028 – B1287 Seaham Beach (coastal route) A182 to
B1432

Hawthorn Eastington Colliery B1283 – A1086

Blackhall

Crimdon

Steeley Pier A1049 – Cycle route 14

Hartley Pool

Seaton Carew – Cycle Route 13

Day Four - Friday

Start Runswick Bay Caravan [TS135HR](#) (loop) 35 Miles
Staithes A174 Cycle route starts
Skinny Grove
Brotton
Saltburn beach
Marske By The Sea
Redcar Beach

Day Five - Saturday

Whitby & Robin Hood Bay – The Cinderder Track
(Southend Gardens, Whitby [YO21 1JY](#))

Day Six – Sunday - The Final 43 Miles

[The Cinder Track](#)

Robin Hood Bay
Ravenscar
Scarborough Castle - cycle route 1
Osgodby
Cayton
Folkton cycle route 1
Hummanby
Leave cycle route one - Reighton
Speeton B1229
Buckton
Flamborough.
End [Flamborough Head](#)